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30 ASL Challenge

Is it possible to teach yourself American Sign Language also known as ASL? Yes, yes, it is possible to teach yourself ASL. Why, why did I choose this as my 30-day challenge? Well when I was in Guam in 2018 working in a summer camp with over 70 kids. And there was a boy there who was deaf when he would come to the camp, he would have a hard time making friends or just socializing in general. He was a great kid and smart too. The only way to talk to other kids was by his translator. When I was with him, I used to just grab a piece of paper and pencil to make him write down what he was going to say. And that how we used to communicate. Then I thought I should teach myself ASL to talk to him better and just to have as a skill anyway. So that’s what I did. I would watch videos on basic ASL phrases and of course the alphabet to. When I should him, I was teaching myself ASL he was so happy and would even teach some words. So, when I was given to choose my own challenge I said “why should I forget that skill I should continue what I did and just hop back on learn ASL”. And it’s almost been 4 year since I taught myself ASL. When I started to learn ASL again the first thing I did was remember the alphabet and get quicker at signing it. Then I planned on watching videos on basic phrases in ASL that were easy to remember it and move one to putting them together. And all of this was written down on my monthly schedule to get a bigger picture of what I going to do in that day. Even though it was pretty simple to remember, I do the ASL alphabet every day to get it in my brain and I try to do a couple of phrases every Monday, Wednesday, and Friday. This is that I have breaks to repeat the phrase that I learned and the day after learn new ones. What I learn so far from this journey is that it Is possible to teach and understand ASL. It’s just going to take more that just a month. But I learn a lot and honestly, I feel like if I continue, and with the progress I’m moving I think I will be good at talking to deaf people more fluently. So, as of right now I satisfied with how far I’ve come and will not be stopping with learning more ASL.