Appendices

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01/29/19

Appendix A – Interview

Number of Researches: 1

Number of Interviews: 9

Type of Interview: Interview of Convenience

Demographics: 3 Choreographers, 3 Dancers, 3 Non-dancers (All 3 are different ages)

Interview Questions:

**Choreographers**

1. What inspired you to dance?
2. How has it impacted your life?
3. How does dance affect you?

**Dancers**

1. Thoughts on dance
2. How has it impacted your life?
3. How has it affected you?

**Non-Dancers**

1. Thoughts on dance
2. How has the dance community affected you?
3. Do you support the dance community?

Appendix B – Interview Results

Interview 1: Choreographers

Length of Interview: Interview was taken over Whatsapp within a day

Results: All three interviewees have responded with positive impacts that dance has made in their lives. Dance gave them a purpose in their life which led them to live happy lives because they were able to share their inspiration with others.

Interview 2: Dancers

Length of Interview: Interview was taken over Whatsapp within a day

Results: All three interviewees have responded with positive impacts that dance has made in their lives. Dance gave them the opportunity to express themselves emotionally. This made them believe that life has more to offer when being able to express themselves freely.

Interview 3: Non-Dancers

Length of Interview: Interview was taken over Whatsapp within a day

Results: Although the interviewees were non-dancers, they shared that dance impacted them in a positive way. Each enjoy watching the modern dance performances because it motivated them to believe in themselves. Watching the dancers wow the audience gave them a sense of joy because they see how much positive impact it gives to others.

Appendix C – Pilot Study

Number of Researches: 1

Number of People Surveyed: 12

Demographic: NMC Students

Type of Survey: Survey of Convenience

Survey Questions:

* Do you have any knowledge on modern dance?
* Do you dance?
* Do you believe that modern dance can express and share real feelings?
* Do you believe that modern dance can be a form of therapy?
* How has modern dance affect your life?
* Do you support the dance community?

Appendix D – Results of Pilot Survey











