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CO210 – 07

Demo Speech Outline

1. Topic : Ballroom: The basic steps of
2. Why I chose this topic…
	1. Different/unique
	2. I won 1st place overall twice
	3. I enjoy it
3. Overview:
	1. How to properly
		1. walk the ladies to the dance floor
		2. step and a box step
		3. thank the ladies for the dance
4. Step 1:
	1. Men
		1. Find a lady
		2. Ask
			* Ladies will kindly reply “yes”
		3. Lay out your hand
		4. Lock their arm with your left arm
		5. Walk
5. Step 2:
	1. Preparation step

Men:

* + 1. Curve your right arm out and lay out your left arm
		2. Wait for the ladies

 Women:

* + 1. Place your right hand on the man’s left hand
		2. Left hand on the man’s right shoulder
1. Box Step

 Men:

* + 1. Take a step up with your left foot and as you are bringing your right foot forward, step to the right with you right foot and afterwards, place your left foot next to your right foot.
		2. Step back with your right foot and step left with your left foot as you are bringing your left foot back and then place your right foot next to your left foot.
		3. Repeat

 Women:

 \*Opposite of the men

* + 1. Take a step back with your right foot and as you are bringing your foot forward, step to the left with your left foot and afterwards, place your right foot next to your left foot.
		2. Step forward with your left foot and step right with your right foot as you are bringing your right foot forward. Then place your left foot next to your right foot.
		3. Repeat
1. Step 3:

Men:

1. Bow
2. “Thank you” “Thank for the dance”
	1. Women reply “you’re welcome”
3. Walk them back to their seat or area