**Research Proposal**

College Students and Their Cellphones

Research Questions:

* How many hours a day does an *NMC student* spend on their cellphone? (survey)
* What is their main reason for being on their cellphones a lot? (apps, texting, etc.) (survey)
* If apps are chosen as an answer, then which app do they use mostly? (survey)
* How does using their cellphones throughout the day affect their educational responsibilities? (survey & literature reviews)
* Does using their cellphones throughout the day distract them from doing their homework or studying? (survey)
* Does using their cellphones excessively impact their grades? (literature review)
* Does using their cellphones excessively affect them physically? (literature review)

Purpose:

* My purpose of this research project is to compare college students from abroad and college students here at NMC on how the usage of their cellphones during a day can affect their educational and health responsibilities. Educational responsibilities such as studying or homework; and health responsibilities such as being physically active for health purposes or psychologically healthy.

Sources & Data:

* For my data about the college students abroad, I will be reading articles and taking a look at surveys that have already been done by other people and seeing their results. I will also be conducting my own survey for the students here at NMC and will be comparing it to the surveys I have read online.

**Research Brainstorm:**

Brainstorm:

* Topic: College students and their cell phones
* Primary/Secondary Questions: “How many hours a day does an NMC student spend on their cell phone?”, “How does being on their cell phone throughout the day affect their studying/homework time?”, “How does being on their cell phone throughout the day affect them from being physically active?”,
* Comparing these results with the data collected from other college students

Introductory Paragraph:

* Why is it important to focus on little things like, the amount of hours college students spend on their cell phones, and how it may affect us as young adults, educationally and physically

Perspectives:

* NMC student perspective (collected through survey)
* Another college student’s perspective (collected through another survey and inputted into a literature paper)

Outline:

1. Introduction
2. Literature #1 and how it will support and be inputted into my research paper
3. Literature #2 and how it will support and be inputted into my research paper
4. Literature #3 and how it will support and be inputted into my research paper

**Reading Notes**

Note Taking Sheet: Reading # 1

COURSE NAME EN 202 Section 02

With many sources to read and evaluate, you need a way to keep track of the material you may use in your research paper. You need to record where you have looked, what you have found, and how to find each piece of information again (this is for your bibliography).

Directions:  Fill in the information below and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Anastasia D. Elder

2. Author’� s Credentials: Department of Counseling, Educational Psychology, & Foundations; Professor; Mississippi State University

3. Publisher [or title of organization]: Mississippi State University

4. Heading of Section [title of reading]: College Students’ Cell Phone Use, Beliefs, and Effects on their Learning5.  Year Written: ?  6. Pages: 9 pages

7. Website URL: http://web.b.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=5&sid=ac6bfff8-46aa-47a2-8cfa-d256b085a7e2%40sessionmgr101

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * College students and the usage of their cell phones
* As well as their beliefs on the effects on their learning
* Also whether it really affects them as students

  | * “Cell phones have become a ubiquitous presence on college campuses and are arguably considered distractions. Recent research has been devoted to better understanding the perceptions of cell phone use among college level faculty and students as well as the con- sequences of cell phones in classrooms.” (Para. 1)
 | * A questionnaire has been done and given to 88 college students
 | * This is relevant to my assignment because it supports my findings and is right on topic

          |
| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * Cell phone usage in classrooms, whether it be a good thing or a bad thing for college students

             | * “Recent work has sought to investigate be- liefs about use of cell phones in classrooms. In one study of students' perceptions, 65% of students report refraining from utilizing them in the classroom, yet 53% report using them for text purposes in courses (Bums & Lohenry, 2010).” (Para. 2)
 | * A questionnaire has been done and given to 88 college students
 | * This is relevant to my assignment because it supports my findings and is right on topic
 |
| * Using cell phones during homework/study time
* It is said that it is a distraction during homework time for college students

            | * “In one study on instant messaging (IM) while completing a reading task, it was found that subjects were much less efficient and took longer to complete the task (Fox, Rosen, & Crawford, 2009). (Para. 4.)
 | * A questionnaire has been done and given to 88 college students
 | * This is relevant to my assignment because it supports my findings and is right on topic
 |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No    provide examples if needed.

Is the article timely or a bit outdated?  I think it’s a little outdated

Was it published in a reputable source? I think that since a professor from Mississippi State University wrote it, it is considered published in a reputable source.

I believe it is an academic source

Note Taking Sheet: Reading # 2

COURSE NAME EN202 Section 02

With many sources to read and evaluate, you need a way to keep track of the material you may use in your research paper. You need to record where you have looked, what you have found, and how to find each piece of information again (this is for your bibliography).

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Trudy L. Hanson, Kristina Drumheller, Jessica Mallard, Connie McKee, and Paual Shlegel

2. Author’� s Credentials: College Professors

3. Publisher [or title of organization]: West Texas A&M University

4. Heading of Section [title of reading]: Cell Phones, Test Messaging, and Facebook: Competing Time Demands of Today’s College Students5.  Year Written:  6. Pages: 10

7. Website URL: http://web.b.ebscohost.com/ehost/detail/detail?vid=7&sid=008a52be-8a80-4ee0-aef3-02c61b80aac5%40sessionmgr120&bdata=JnNpdGU9ZWhvc3QtbGl2ZQ%3d%3d#AN=56852202&db=tfh

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * How millennial college students spend their time
* College students should be spending the more time studying at home compared to the one-hour learning in the classroom

    | * “The Millennial generation seeks to be more connected and is more focused on social interactions than students of previous years.” (Para. 2)
 | * Surveys have been done and given to college students
 | * I think this is 50/50 relevant to my assignment. I am specifically researching about cell phones, whereas this article talks about cell phones AND other distractions college students may have

          |
| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * The significance of technology in a college student’s life style

             | * “This generation has grown up in a technolog- ically rich world, using mobile phones, chat rooms, email, computer games, and listening to music and watching TV and videos, often simultaneously as part of their social en- gagement (McMahon and Pospisil 2005, 421). (Para. 2)
 | * Pew Internet and American Life Project
 | * I think this is 50/50 relevant to my assignment. I am specifically researching about cell phones, whereas this article talks about cell phones AND technology
 |
|              | * “With technology having such an impact on Millennials, it is not surprising that the Internet plays a larger role in the students’ lives than the library.” (Para. 4)
 |   |   |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No.    provide examples if needed.

Is the article timely or a bit outdated? Well, some of the sources that were cited in this article were from 2001, 2005, 2007 so I think it is a bit outdated, however the information sounds like it belongs in today’s generation, too.

Was it published in a reputable source? Yes

Note Taking Sheet: Reading # 3

COURSE NAME EN202-02 Section 02

With many sources to read and evaluate, you need a way to keep track of the material you may use in your research paper. You need to record where you have looked, what you have found, and how to find each piece of information again (this is for your bibliography).

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Kumiko Aoki and Edward J. Downes

2. Author’� s Credentials: College of Communication

3. Publisher [or title of organization]: Boston University

4. Heading of Section [title of reading]: An analysis of young peoples’ use of and attitudes towards cell phones 5.  Year Written: 2003 6. Pages: 16

7. Website URL: http://www.angelfire.com/ego2/lostboyrahul/work/cellphoneuse.pdf

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * What the usage of cell phones do to college students, psychologically and behaviorally

    | “According to the ‘‘Cell Device Usage’’ survey conducted by the Consumer Electronics Association in October 2001, 57% of cell phone users reported using phones primarily for social purposes (Wireless Phone Reliance, 2001).” | * A study has been conducted
 | * This is relevant to my assignment because I am researching about what cell phone usage does to college students, behavior wise when it comes to studying

          |
| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * What college students use their cell phones for, positive and negative wise

             | “…to help them feel safe, for financial benefits, to manage time efficiently, to keep in touch with friends and family members, et al. The degree to which the individuals are dependent on the cell phones and what they view as the negatives of their utilization are also examined.” | * A study has been conducted
 | * This is relevant to my assignment because I will be looking for negative factors, as opposed to positive factors
 |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No.

Is the article timely or a bit outdated? I think it is not outdated, it was written and published at around 2003.

Was it published in a reputable source? Yes.

Reading Notes to fill out when reading course and outside reading materials for assignment

Note Taking Sheet: Reading #4

COURSE NAME EN202 Section 02

With many sources to read and evaluate, you need a way to keep track of the material you may use in your research paper. You need to record where you have looked, what you have found, and how to find each piece of information again (this is for your bibliography).

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Anuja Desphande and Savita Desphande

2. Author’� s Credentials: Department of Psychology

3. Publisher [or title of organization]: Savitribai Phule Pune University

4. Heading of Section [title of reading]: A study of cell phone dependency among college students 5.  Year Written: 2017  6. Pages: 6

7. Website URL: http://web.b.ebscohost.com/ehost/detail/detail?vid=8&sid=4694f4bd-7bc0-44ae-8ffd-4cb260cc4259%40sessionmgr103&bdata=JnNpdGU9ZWhvc3QtbGl2ZQ%3d%3d#AN=125143074&db=aph

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * Cell phone dependency is becoming one of technology’s biggest addictions

    | * “Cell phone dependency is one of the subset of technology addictions which have become serious problems these days; especially among young users (Park, Hyun, Kim & Lee, 2014).
 | * A study has been conducted
 | * This could be relevant to my assignment because I am talking about cell phone usage in general and the negative effects it could bring

          |
| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * Cell phones have now become a part of an individual’s life

             | * “The smartphone is now not only a tool of communication, but an indispensable instrument of an individual’s social and work life.”
 |   | * This could be relevant to my assignment because I am talking about cell phone usage in general and the negative effects it could bring
 |
| * The difference between cell phone usage between a male and a female were quite surprising. Men used their cell phones more for shopping, while women used it more for educational purposes.

            | * “The results showed males’ dependency on smartphones was higher compared to females. Males used their phones more for shopping while females used and preferred more education applications.”
 | * A study has been conducted
 | * This idea here might not fit into my research paper because instead of the positive uses of a cell phone, I am looking toward more of a negative use of a cell phone
 |

In this article, is it possible that any of the authors might have a bias about the subject matter? No

Is the article timely or a bit outdated?  No, written in 2017

Was it published in a reputable source? Yes, Savitribai Phule Pune University

Note Taking Sheet: Reading # 5

COURSE NAME EN 202 Section 02

With many sources to read and evaluate, you need a way to keep track of the material you may use in your research paper. You need to record where you have looked, what you have found, and how to find each piece of information again (this is for your bibliography).

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Brunce Ballenger

2. Author’� s Credentials: Pearson Education

3. Publisher [or title of organization]: Pearson Education

4. Heading of Section [title of reading]: “The Curious Researcher A Guide to Writing Research Papers”5.  Year Written: 2014 6. Pages: 384

7. Website URL: n/a

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * Steps to writing a good research paper

  |  | * In the book
 | * It’s relevant to my assignment because I am writing a research paper and the book lets the reader know step by step and it is very detailed in explaining what to do and what not to do during the whole process

          |
| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * Some steps include how to come up with a research topic

             |   | * In the book
 | * It’s relevant to my assignment because I am writing a research paper and the book lets the reader know step by step and it is very detailed in explaining what to do and what not to do during the whole process
 |
|  * Another step that the book teaches us is about interviews. It lets the readers know what type of questions to ask and not to ask. It also teaches the readers the types of interviews that we could conduct

           |   | * In the book
 | * It’s relevant to my assignment because I am writing a research paper and the book lets the reader know step by step and it is very detailed in explaining what to do and what not to do during the whole process
 |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No

Is the article timely or a bit outdated? It is not outdated, it was published in 2014.

Was it published in a reputable source? Yes

Note Taking Sheet: Reading # 6

COURSE NAME EN202 Section 02

With many sources to read and evaluate, you need a way to keep track of the material you may use in your research paper. You need to record where you have looked, what you have found, and how to find each piece of information again (this is for your bibliography).

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: James A. Robers, Luc Honore Petnjiyaya, Chris Manolis

2. Author’� s Credentials: Marketing Department, Hankamer School of business, Baylor University..etc.

3. Publisher [or title of organization]: ^^^

4. Heading of Section [title of reading]: “The invidsible addcition: Cell-phone activities and addiction among male and female college students 5.  Year Written: 2013  6. Pages: 12

7. Website URL:

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * What cell phone activity is mostly associated with the addiction of cell phones between male and female users

    |  | * A questionnaire was conducted and responded to
 | * This could be relevant to my research paper because in my questionnaire, one of the questions asked the college students what do they use their cell phone the most for

          |
| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * The addictive usage of cell phones varied between male and female users

             |   | * A questionnaire was conducted and responded to
 | * This could be relevant to my research paper because in my questionnaire, one of the questions asked the college students what do they use their cell phone the most for

          |
|  * The study was done with college undergraduates

           |   | * A questionnaire was conducted and responded to
 | * This could be relevant to my research paper because in my questionnaire, one of the questions asked the college students what do they use their cell phone the most for

          |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No

Is the article timely or a bit outdated? No

Was it published in a reputable source? Yes