Running Head: My English Research Portfolio

My English Research Portfolio

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Abstract

This an overall research reports I’ve been working on since the first week of this course. This report contains all of my findings and reviews from sources and people who are experts on their specific field of studies.

Introduction

***Teenage pregnancy is one of the biggest main concerns that we face here in the CNMI. Children born to teenage mothers are more likely to be born into poverty and become teenage parents themselves. Furthermore, reducing rates of teenage pregnancy is thought to have the potential to reduce other social problems, such as increasing female education and reducing child poverty.***

1. ***what is the average age of teenage parents in the CNMI?***
2. ***Research the percentages of teenage parents from online resources and the local libraries.***
3. ***Gather information and statistics from the health programs that Saipan offers.***
4. ***Collect more data and information in the 3 high schools we have.***
5. ***What percentage of the young mothers and fathers actively raise their children? How financially responsible are they?***
6. ***Research on ages that fathers and mothers actively raise their children in EBSCO (Saipan based)***
7. ***Gather facts of families whom claims Medicaid insurance and food stamps.***
8. ***Know the causes of financially unstable***
9. ***Analyze data of young women and men who are currently living in the same house***
10. ***Do teenage parents support their child or depend on family or the government to do it?***
11. ***Interview teen parents from the CNMI if they depend on family or the programs that the local government offers.***
12. ***Gather statistics or data from the government aids in the CNMI.***
13. ***Make call on who are in charge for government aid programs and data from ages 15-19 in the CNMI.***

Background

The Review on Health and Financial Benefits

Background

Teenage pregnancy has been one of the biggest concerns here in the CNMI. It continues to increase every fiscal year, which gives the CNMI signs that our youth is not well-educated in terms of sex education and leads this to unplanned pregnancies. These unplanned pregnancies are mostly whom are of under age. But lacking educational background is not the only case. Most teenagers whom was abandoned or grew up without parents are more likely to be in this kind of situation. In the result of this cause, the Department of Public Health Maternal and Child Health decided to take action and offered programs to our youth of the CNMI.

Causes of Unplanned pregnancies

There are many causes of unplanned pregnancies especially when lacking of background education and lacking of support. The following are one of the main causes of why our teenage birth rate continuous to increase.

1. Lack of Education
2. Absence of parents

Lack of education is one of the general causes of teenage pregnancies. Without any knowledge of sexual intercourse, minorities would end up making bad decisions. Teenagers make the worse decisions based on what they see and what they’ve experienced from the past.

Another main causes of teenage pregnancies is an the absence of parents. It is believed that without parental guidance, children grew up not having any proper knowledge of survivals. Having no proper guidance from an adult can result to bad choices. Today, the Public School System offers sex education in different types of schools. The Family Planning Program of Maternal and Child Health Bureau started the whole program for students.

CNMI Programs

The Office of Student and Support Services is a program that provides services to families, teachers, staff and students to support academic and other events that occur to the students’ lives. The CNMI has many programs to offer to students who are in need of help. The CNMI Supplemental Nutrition Program for Women, Infants, and Children is another service program that provides nutrition and breast feeding for health benefits. This is perfect for teenagers who are in need of support financially for this program accepts low income. The Birth Defect Surveillance, Intervention and Referral to Services Program is a federally funded program that was established to keep track of any birth defects of infants. The CNMI provides many other programs that teenagers can benefit from.

Conclusion

The CNMI offers a variety of programs that not only specifically teenagers but also families who suffers mentally, physically, and financially. These programs provide health stabilization and secures your benefits. But not only CNMI provides, the federal offers benefits that we, as a United States citizens, avail those benefits. The CNMI’s birth rate today remains high. Individuals of the CNMI should take more action of this and set a proper guidance for our youth.

Reading Notes

**SET OF READING NOTES #1**

Reading Notes to fill out when reading course and outside reading materials for assignment

Note Taking Sheet: Reading # \_\_1\_\_

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Press Release

2. Author’� s Credentials (Press Release)

3. Publisher [or title of organization]: Division of Public Health

4. Heading of Section [title of reading]: *Commonwealth of the Northern Mariana Islands Department of Public Health Maternal and Child Health 2010 Needs Assessment*

5.  Year Written:  Year of 2010

6. Pages: 36

7. Website URL:

<http://www.healthycommunitieshealthyfuture.org/images/municipalities/911/3117.pdf>

APA FORMAT: Commonwealth of the Northern Mariana Islands Department of Public Health Maternal and Child Health 2010 Needs Assessment (D. Public health, Trans.). (n.d.). Retrieved March 13, 2018, from http://www.healthycommunitieshealthyfuture.org/images/municipalities/911/3117.pdf

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * CNMI is required to complete a statewide maternal and child health needs assessment every five years. | * “One of the state performance measures from the 2005 needs assessment was to decrease the number of unplanned pregnancies” | * 66.7 percent of live births were unplanned in 2008. Although it was not stated, unplanned pregnancy can be attributed to women not knowing that they were pregnant; thus no prenatal care. | The birth rate in Saipan continues to increase and one of the causes are unplanned pregnancies. |
|  |  |  |  |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_ provide examples if needed.

Is the article timely or a bit out dated ?  *A bit outdated.*

Was it published in a reputable source? *Yes.*

Reading Notes to fill out when reading course and outside reading materials for assignment

Note Taking Sheet: Reading # \_\_2\_\_

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Press Release

2. Author’� s Credentials (Press Release)

3. Publisher [or title of organization]: Ph.D. Langham

4. Heading of Section [title of reading]: *What are the causes of teenage pregnancy?*

5.  Year Written:  April 13, 2015

6. Pages: 1

7. Website URL: <https://www.livestrong.com/article/146681-what-are-the-causes-of-teenage-pregnancy/>

APA FORMAT: Ph.D. Langham - https://www.livestrong.com/article/146681-what-are-the-causes-of-teenage-pregnancy

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| * Approximately 750,000 of 15- to 19-year-olds become pregnant each year, according to The American College of Obstetricians and Gynecologists, though many teenagers do not believe that they will get pregnant if they engage in sexual activity. | * “Teen girls are more likely to get pregnant if they have limited or no guidance from their parents.” | * Many parents have busy lives that prevent them from providing the guidance and support that their young teenagers need to make good decisions on issues such as sex, according to the website Parent Dish. | Absent parents are one of the leading causes for teenage parents here in Saipan. |
|  |  |  |  |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_ provide examples if needed.

Is the article timely or a bit outdated ?  *A bit outdated, 3 years ago.*

Was it published in a reputable source? *Yes.*

Reading Notes to fill out when reading course and outside reading materials for assignment

Note Taking Sheet: Reading # \_\_3\_\_

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: Press Release

2. Author’� s Credentials (Press Release)

3. Publisher [or title of organization]: Marianas Variety

4. Heading of Section [title of reading]: **Kagman Community Health Center: Providing quality primary health care**

5.  Year Written:  January 29, 2015

6. Pages: 1

7. Website URL:

<http://infoweb.newsbank.com/resources/doc/nb/news/1532DAB2059EE760?p=AWNB>

APA FORMAT: C. Bagnol, R. (2015, Jan 29). Kagman Community Health Center: Providing quality primary health care. Marianas Variety (Saipan, Northern Mariana Islands). Retrieved from <http://infoweb.newsbank.com/resources/doc/nb/news/1532DAB2059EE760?p=AWN>

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| Kagman Health center provides a variety of primary health care. | * “The people who chose to have their health care now have an option with the KCHC. We offer a wide range of medical services and we have doctors like OB-Gyn, pediatricians and other specialists from the Commonwealth Health Center who visit on a rotating regular basis to serve our patients here,” | * the KCHC board is in the process of reorganizing the medical coverages but the goal is to provide primary care to all ages. | Teenagers who are struggling to find their child for primary health services can benefit from the Kagman Health Center. |
|  |  |  |  |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_ provide examples if needed.

Is the article timely or a bit out dated ?  *A bit outdated.* 3 years ago.

Was it published in a reputable source? *Yes.*

**Set of Reading Notes #2**

Reading Notes to fill out when reading course and outside reading materials for assignment

Note Taking Sheet: Reading # \_\_1\_\_

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: **Stephanie Beadell**

2. Author’� s Credentials**: Freelance writer**

3. Publisher [or title of organization]: **Zapier**

4. Heading of Section [title of reading]: *Survey 101:A Simple Guide to Asking Effective Question*

5.  Year Written:  2018

6. Pages: 1

7. Website URL: <https://zapier.com/learn/forms-surveys/writing-effective-survey/>

APA FORMAT: Z. (n.d.). Surveys 101: A Simple Guide to Asking Effective Questions. Retrieved April 06, 2018, from https://zapier.com/learn/forms-surveys/writing-effective-survey/

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| Think through what you want to learn from your survey. Write down each answer you want, with a blank in the spot of the thing you want to learn—the flavor of soda to offer, the feature people are missing, or the correctness of a statement. Once you've completed this exercise, use the list to build questions for your survey. | * “As you're turning your answers into questions, you'll need to think about what type of questions you need to ask. Surveys aren't just about yes and no questions—you'll find dozens of question types in most survey apps. It can quickly get confusing which type of question you should use for each answer you need.” | * The type of question you use will affect the answers you get and the kinds of analysis you can do. Here are the most common types of questions you can use in a survey, along with examples of the type of data you'll collect with each. | When developing my surveys, which is the first step. |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_ provide examples if needed.

Is the article timely or a bit out dated ?  *It is up to date.*

Was it published in a reputable source? *Yes.*

Note Taking Sheet: Reading # \_\_2\_\_

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: **Gerald M. Kosicki**

2. Author’� s Credentials**: Press Release**

3. Publisher [or title of organization]: [*Public Opinion and Polling Around the World: A Historical Encyclopedia*](https://search.credoreference.com/content/title/abcopinion)

4. Heading of Section [title of reading]: *Internet Survey*

5.  Year Written:  2004

6. Pages: 1

7. Website URL: <https://search.credoreference.com/content/entry/abcopinion/internet_surveys/0?institutionId=9301>

APA FORMAT: Kosicki, G. M. (2004). Internet surveys. In J. G. Geer (Ed.), *Public opinion and polling around the world: a historical encyclopedia*. Santa Barbara, CA: ABC-CLIO. Retrieved from https://search.credoreference.com/content/entry/abcopinion/internet\_surveys/0?institutionId=9301

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| There is a great deal of interest in using the Internet as a platform for survey research projects. | * “Survey research typically aims to provide data about a carefully chosen random sample that are representative of a larger population of interest.” | * Random samples are important in survey research because only through assurance that the population elements were chosen randomly can we justify the use of concepts such as sampling error of the survey. . | Giving out surveys to peers should always be chosen carefully. |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_ provide examples if needed.

Is the article timely or a bit out dated ?  *It is a bit out dated.*

Was it published in a reputable source? *Yes.*

Note Taking Sheet: Reading # \_\_3\_\_

Directions:  Fill in the information below, and keep with all of your resources. This will help you when it is time to write both your outline, paper, and annotated bibliography.

1. Author’� s Name: **Christopher Peters**

2. Author’� s Credentials**: Zapier Data Scientist**

3. Publisher [or title of organization]: **Zapier**

4. Heading of Section [title of reading]: *How to Design and Analyze a Survey*

5.  Year Written:  2018

6. Pages: 1

7. Website URL: <https://zapier.com/learn/forms-surveys/design-analyze-survey/>

APA FORMAT: Z. (n.d.). Surveys 101: A Simple Guide to Asking Effective Questions. Retrieved April 06, 2018, from https://zapier.com/learn/forms-surveys/writing-effective-survey/

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| **Main Ideas/Points** | **Important Quotations** | **Supporting Details** | **Relevance to Your Assignment** |
| T[he difference between forms, surveys, and polls](https://zapier.com/learn/ultimate-guide-to-forms-and-surveys/what-is-a-form-survey-poll/), have found the [best form apps](https://zapier.com/learn/ultimate-guide-to-forms-and-surveys/best-online-form-builder-software/) and [survey builders](https://zapier.com/learn/ultimate-guide-to-forms-and-surveys/best-survey-apps/), learned how to [integrate forms into your work](https://zapier.com/learn/ultimate-guide-to-forms-and-surveys/form-software-automation/), and now have the tools you need to analyze your data. | * “The way you structure questions and answers will define the limits of analysis that are available to you when summarizing results.” | * These limits can make or break your ability to gain insights about your key questions. So it's important to think about how you'll summarize the response to questions as you design them—not afterwards. | Learning how to integrate forms into your work. |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_ provide examples if needed.

Is the article timely or a bit out dated?  *It is up to date.*  *Yes.*

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Research Questions: To Expertise

Questionnaire (3 questions): Teenage pregnancy

1. From your expertise in family psychology, what are usually the causes of a teenage pregnancy?
2. Many people are always pointing out the disadvantages of being pregnant at a very young age. In your opinion, do you think there are advantages? If so, please explain.
3. Through your experience with family psychology, how can parents improve their support and guidance in dealing with teenage pregnancy?

Methodology

Developing, Creating, and Giving Out Surveys

A Review of an Effective Survey

Developing an effective research survey can be very tedious. Students have to be very precise on data and statistics when collecting from other people. It is also the hardest part when getting data from student’s answered surveys. Students can’t just have a few people answer their surveys, they need an actual crowd that relates to the topic survey they’re giving them. Fortunately, there are different techniques on how students can develop and create their own surveys. There are three main functions they have to follow in order to have an effective survey:

1. Developing
2. Creating
3. Giving out

Developing Survey

When developing a survey, the first step students have to follow is surfing a topic information in the web. The topic needs to be narrowed down and a topic that would be good for researching data ad statistics. However, the internet is not as accurate as them having to go to the library. In fact, going to the library and getting sources in there should be the first option. The second step students have to follow is gathering some example templates on how to make survey questions. Again, the internet is a very helpful site for students to have. The last step students have to follow when developing a survey is making sure questions are reasonable and will help with collecting data. Students cannot afford to have questions that are not relatable and questions that are difficult to consider as a data.

Creating Survey

When creating surveys, the first step students have to follow is using survey templates online. There are different types of websites that can create a survey just for students. One of the best survey websites to use is the “survey monkey”. It is one of the easiest template they can have and it allows them to design whatever they like on the survey. The second step when creating surveys is gathering all the final information that will be used in the surveys. Now this is where it gets a little difficult when looking for the right questions. It really won’t be a problem if their questions were as precise as their topic. After reviewing the questions, students can finally submit and give out to public.

Giving Out Survey

Finally, when students give out our surveys to their peers, a student wants to gather all the answered questions so they can collect the data. Creating the final gathering analysis will mean they review all the responses from the survey. Now some responses, can be out of the topic and that’s okay. This is why students have to encourage their peers to answer the questions rightfully. They also need to consider giving out more to others. A student wants to have an actual response from the right peers and not just anybody who can’t relate to the survey.

Conclusion

In conclusion, developing, creating and giving out surveys is a tedious job. Students have to consider many resources that would help them throughout the process. When students develop a survey, they have to consider their topic of what they choose for it will reflect on the questions they will be coming up with in the final process. When students create surveys, they have to use the right template for their survey. When students give out surveys, they have to consider having many inputs from others. How students collect their data are from their own set of peers.

Appendix A

Pilot Survey

1. Age
2. Gender

* Female
* Male
* Unknown

1. Relationship with your child

* Father
* Mother
* Legal Guardian

1. Are you currently employed? If so, what do you depend on the following?

* Food stamp
* Health service programs
* Medicaid
* Other: specify
* none

1. Ethnicity

* Chamorro
* Carolinian
* Filipino
* Chinese
* Caucasian
* Other pacific Islander
* Other

1. Had first sexual intercourse after the age of 13.

* Yes
* No

1. Used a condom before sexual intercourse

* Yes
* No

1. Are you currently living together with your parents?

* Yes
* No

1. Following question for number 8. If you chose NO, is your partner providing child support or having any kind of communication?
2. Has your child/children received immunization?

Appendix B

General Survey

1. Gender

* Female
* Male
* Unknown

1. Age
2. Ethnicity

* Chamorro
* Carolinian
* Filipino
* Chinese
* Caucasian
* Other pacific Islander
* Other

1. How do you feel about Teenage Pregnancy?
2. If you attend school, how many do you know that’s with child?
3. Based on what you know, what is an unplanned pregnancy?
4. Does your school have sex education?