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| Speech Outline Template  Include what you are going to teach and how you are going to test it | | |
| Introduce yourself | Flat irons are amazing tools to give you sleek, straight hair. However, did you know that you can use one to give yourself beautiful curls?  Hi, my name is Hannah Santos and I will be teaching you how to curl your hair with a flat iron. |  |
| Start with why | Hair styling tools can be quite pricey. Head over to Joeten and you will find a curling iron to be around $20 to $30 *and* with a single use.  Now, with a flat iron, ranging from $20 to $30 as well, you can straighten and curl your hair. |  |
| Give a brief overview of the entire process | The materials you will need are:   * Heat protectant spray * Comb * Flat iron * Clip/hair tie * Hair spray |  |
| Go through the steps, one-by-one | How will you maintain their attention? | Relate to personal experience, include humor |
| For each, describe it, then show it | 1. Grab your heat protectant spray and spray it on your hair 6-8 inches away from mid-shaft to ends on damp or dry hair.   Using heat protection is crucial for it adds a protective layer and retains moisture to your hair.  Spray only on your hair and not directly on your scalp.  It is important to not spray too much and once you are done, you can use a comb to evenly spread it out.   1. Plug in your flat iron and decide what temperature fit your hair best.   Fine, damaged hair = Below 300 degrees  Normal hair = 300-380 degrees  Thick/curly hair = 350-400 degrees  Then, you can leave the iron to heat up. It usually takes less than 1 minute.   1. Next, you want to section your hair as you go, starting from the bottom.   There is no right way to section your hair and it entirely depends on the hair thickness.   1. Begin curling using one-inch sections.   Here’s my technique that I found to be the easiest.  Grab your one-inch section and place it in between the plates.  Next, wrap the ends of the hair around the flat iron inwards and hold your iron and twist it outwards until the end of the hair sticks out between the plates.  For looser curls, pull the iron downwards fast and for tighter curls, pull it slowly.  When you are pulling down, angle your iron slightly vertical.  Repeat so on the other side of your hair.   1. Move on the next section of hair, I usually do three, and repeat the process.   On the top layer, part your hair whichever way you want, and I will part mine in the middle.  Begin curling from the back as it assures you are not missing any pieces.  With the front pieces, I begin my curl not right at the roots, but somewhat before the middle.  c and  You’re done. | Once you are ready, it is crucial to have clean, dry hair.  If your hair is damp or wet, you may burn your hair. |
| (Optional) Discuss options, extras, or variations | When/how will you be testing for understanding? |  |
| Summarize what was done. End with a memorable tag line. | To summarize, you want to prep your hair with a heat protectant spray. Spray towards your hair and not directly on your scalp.  Next, plug your flat iron and wait for it to heat up.  For fine, damaged hair = below 300 degrees  Normal hair = 300-380 degrees  Thick/curly hair = 350-400 degrees  Then, section your hair and work from the bottom to the top.  Take an one-inch of your hair and place it between the plates.  Wrap the ends of the hair around the flat iron inwards and then twist the flat iron outwards until the hair sticks out between the plates.  Once you’re done with that section, move on the next and repeat the curling process.  At the top section, begin from the back to all hair is curled and when you reach the front pieces, begin the curl around the middle.  You have the option to wait for it the loosen or you may take your hair spray to hold your curls in place. Remember to hold it at arm’s length away. |  |
| Allow time for Q&A |  |  |
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