



30 – Day Challenge

WRITE A THANK-
YOU NOTE OR
CARD TO
SOMEONE

BY: Remy K. Villagomez

What is the challenge about?

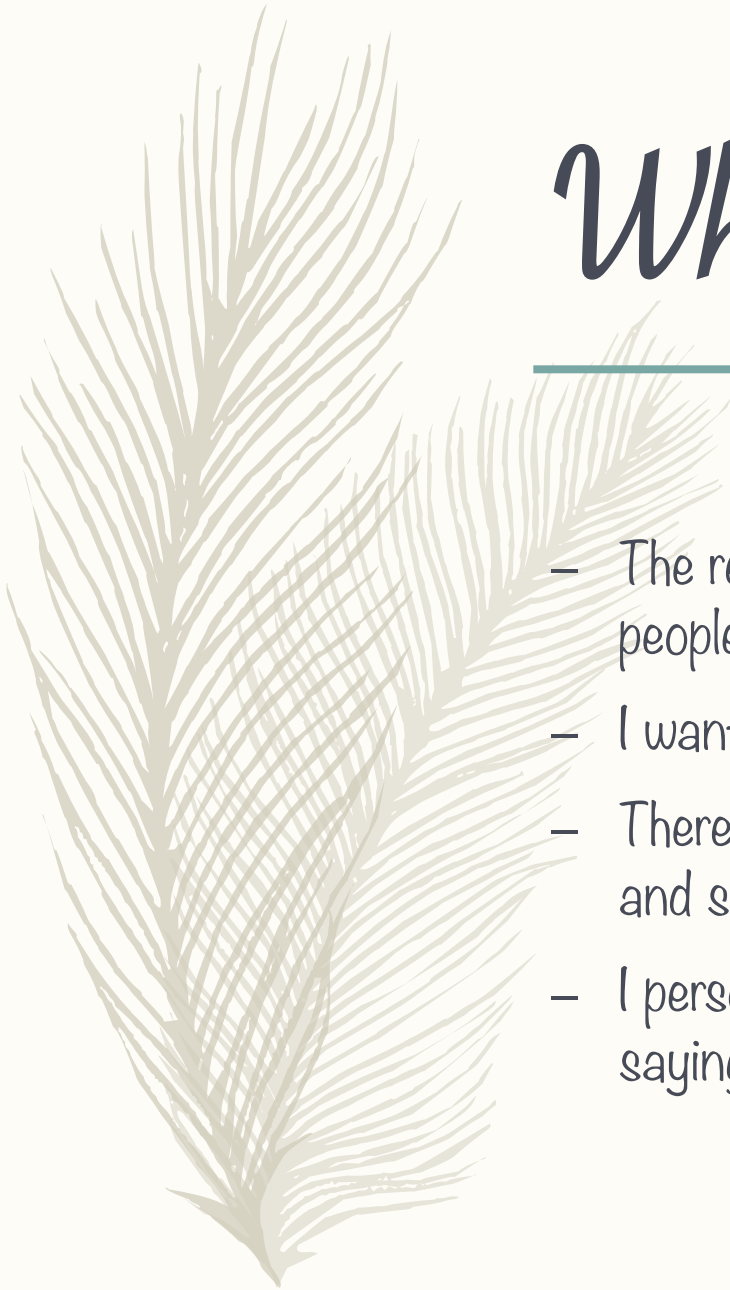
- Basically, the challenge is to write a thank you note or card to someone who has done anything special for me either in the past or present.
- It can be about supporting me, assisting me or just being there for me in general.
- I will write thank you cards to families, friends or colleagues.



Why I chose this challenge?



- The reason why I chose this challenge because I've always wanted to thank so much people in my life, but I am always using the excuse "I AM ALWAYS BUSY".
- I want to let people know how appreciative I am to have them in my life.
- There are not so many people out there who will give you the most undivided attention and support so we have to appreciate the ones we have.
- I personally feel that writing notes or cards have more meaning rather than verbally saying it through the phone or in person.



What strategic planning will I use?

- I will make a 30- day calendar to plan accordingly with who I decide to give a thank you card to.
- I will check mark the days passed which indicates who I gave the letter to.



My Results:



- For proof, I will kindly ask the person I gave the note to take a quick selfie holding the note from me.
- Upon receiving the photo, I will insert it on my calendar on the correct day.
- I will continue to do these steps throughout the whole thirty days.
- I will use the calendar for the rest of the year in my home after updating to the current month. If there are 31 days, ill add another person.

I CAN'T WAIT!!

