Reading Notes 5 and 6

1. Author’s Name: Dong-Chul Seo
2. Author’s Credentials: Faculty of School of Public Health
3. Publisher: International Journal of Behavioral Medicine
4. Heading of Section: Cross-cultural Comparison of Lack of Regular Physical Activity among College Students: Universal Versus Transversal
5. Year Written: 2009
6. Pages: 6
7. Website URL: http://web.a.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=0&sid=0397b2ee-7f2a-45c3-ab44-9750b70acdf4%40sessionmgr4006

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| Main Points | Important Quotations | Supporting Details | Relevance to Your Assignment |
| The main idea of this article is that it was able to give data for the lack of regular physical activity among college students in four countries: United States, Costa Rica, India, and South Korea | “Table 1 a number and percentage of students lacking regular physical activity of 5.9% from 1,197 American students, 25.2% out of 1,088 Costa Rican students, 46.1% in 1,111 Indian students, and 21.6% from 1,289 South Korean students are physically inactive” |  | This academic journal is related to the topic that the student researcher is doing. Although it only focuses on the lack of physical activity. |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_    provide examples if needed.

**Yes, because it was only focusing on the lack of physical activity between the four countries**

Is the article timely or a bit outdated ?

**The article is timely dated**

Was it published in a reputable source?

**I would say yes, it is an academic journal**

It is not an academic source.

Other important information :

1. Author’s Name: Dong-Chul Seo
2. Author’s Credentials: Faculty of School of Public Health
3. Publisher: International Journal of Behavioral Medicine
4. Heading of Section: ). A Comparison of Factors Associated with Physical Inactivity Among East Asian College Students
5. Year Written: 2011
6. Pages: 9
7. Website URL: http://web.a.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=9&sid=e466ec29-183a-4c36-a799-47baff87e867%40sessionmgr4007

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| Main Points | Important Quotations | Supporting Details | Relevance to Your Assignment |
| The main points of this academic journal was a study of examining physical inactivity among college students in East Asian Countries: Taiwan, Hong Kong, South Korea, Singapore, and Malaysia | “percentage of physical inactivate students was 7.2% for Singapore, 8.0% for Malaysia, 13.5% for Taiwan, 16.8% for Hong Kong, and 28.5% for South Korea” |  | This academic journal is relevant to the research question for the study. As being part of an Asian Country, the student researcher can gather some helpful facts about the lack of physical activity amongst college students |

In this article, is it possible that any of the authors might have a bias about the subject matter?  No\_\_\_    provide examples if needed.

**Yes, it could be because the journal only talks about how physically inactive are college students in asia**

Is the article timely or a bit outdated ?

This academic journal is timely dated

Was it published in a reputable source?

**Yes**

It is not an academic source.

Other important information :