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EN202 - 01

Reflection

Research Paper About Depression

I feel really happy and content about the topic that I chose, and I do think that it is a good topic because studying about depression is important. Of course, I would love to work with it further and deeper if I am able to do so because it is a really important and interesting topic to me. Just as I said in the beginning I am happy about my topic and would not have chose any other because topics about emotions or mental illnesses interest me a lot.

I prefer choosing my own topic and being able to work with it in class and being able to be helped with it by my instructor. It is also more helpful that we are allowed to use our other essays that we work on for our final research paper, it gives us an idea about what to write about and what we may want to add on more to support the important topics in the research paper. As for the other method, of course, it may be helpful to others who just want a topic without thinking, but I feel that if you were not interested in the topic then there would not be any point in doing it and researching about it. It may lead you to getting bored and then procrastinating which may lead you to failing, unlike if it is a topic you like. No matter what happens you will try to finish it. But again, in the end it also really depends on the person.

I think find our literature sources throughout the course is much more helpful because if you do not understand a certain topic you can ask your instructor. I am very satisfied with the sources I found because I learned some new things about depression and how different minds work between male and female. I learned about how depression mostly affects more women than men. However, of course I did encounter some problems while searching for my sources, some did not really lead to answers I needed, but in the end I did found some. So, even if it was a bit of a challenge looking for sources to support my topic, I feel like it was still a success in the end. The most helpful sources I found were from electronic magazines and science related sites.

Most of the time I use my laptop, so I felt that sites about academic research and writing were most helpful to me. I found the book not that much of a help because with Internet anyone can find examples and answers they need online without searching up so much. Of course, I think books are still important, but if we can use electronics, it would probably be easier for most of the people especially those who cannot afford the books, or feel like it is only going to be used once.

I believe that I am close to achieving a good APA research paper. With everything I have learned from EN 101, I not only THINK that I will be able to use it in the future but, I do KNOW it will be really helpful to me as I continue to write academic essays. I think in my other classes we might use MLA, but I feel like APA is more important because it seems more challenging which probably means everything is more detailed. I am not so sure if in my future career that we might use MLA or APA for our reports, but of course it will always be helpful to have some idea.