Reflection:

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 I felt that my topic was controversial, as it was about mentality. It is a sensitive topic but it should be a topic that students should be open-minded about. Looking through social media platforms, it was like mental health was a stigma. Though, college students are placed where they may feel so pressured and stress, myself included, but as I read articles, analyzing answers from surveys, there are so many things to being a college student. Besides the grades, it is our character, who we are. I would love to work on the study further with experts from abroad, it is a topic that should be focused on because our thoughts lead to actions. It was difficult to get answers from articles as Northern Marianas College do not provide newspaper articles or surveys about the mentality of their students, it would be better if I read articles directly about the students.

 I preferred working on the essays as each week went by because it focused on one important topic about the research project, for example, in Essay 4, our assignment was to describe the methods that we are using for our research project. That personally helped me because it is hard to tackle so many things at once, so it helped me focused on the main goal each week. Therefore, by working on the essays each week, it helped me tie them into creating the final report.

 Finding articles about the mentality of college students was a challenge because there weren’t a sufficient amount of academic sources. I found at least 6 academic articles that has helped me because some of the sources included studies and their own research that helped me correlate their data with mine. This is my first time writing an APA paper, I definitely need to practice and write more, as practice makes perfect. APA formats on essays would definitely be useful in my other classes for example my science classes that require research reports as well.

 I can definitely use the skills that I learned here in English Composition 202 to locate information and literature sources for example, EBSCO. The different genres, persuasive, descriptive, and narrative essays are genres that I mostly wrote in my English Composition 101 class, but there are an abundant amount to learn when it comes to those genres since some may be in third person or first person point of view.

 I thought that analyzing literature was difficult some included 50 pages, so writing a summary or taking the important topics were hard because they were all important. Though, I did enjoy searching for articles, and learning new things about my topic. I will definitely use the skill because looking for articles about my topic gave me a better understanding of it. I would love to learn about social experiments, because there are a lot in You Tube, random videos and they each have a different purpose but most aren’t used academically. However, I think that it is a strong method because you get results from random people who respond with their true self. I would

My major strength in regards to the project was being familiar with the genre’s, for example, persuasive and descriptive. My weaknesses were putting the research report or information about the research report because this was my first time writing a research paper; I had to learn the structure, and sections that were included in them. Though as a student, I was always someone that was ahead of my assignments but with the classes that I was taking this semester, it made me fall back at times, and time management skills were something I definitely need to work on.

 I have seen improvement in my academic writing by the structure of it. I felt like it is more organized, but there are still a lot of improvements that I need to work on for example, my grammar, choice of words. The research outcome, didn’t surprise me as the results leaned towards both negative and positive mentality towards academics because there are different aspects and reasons that affect our mentality. I felt I put enough time in my research questions but collecting data or creating methods was difficult because it is possible to know what a persons’ mentality or mindset is. Who knows, if they are just saying what we want to hear? It would help if I did get some medical help from experts, psychologists or example, because they have knowledge to know a person’s mentality.