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Community Issue

Teen Pregnancy

Sexual intercourse is common in our society today. This type of intercourse happens frequently, especially to people who are in a relationship. It greatly impacts pre-adults development in all aspects. Teenage pregnancy, also known as adolescent pregnancy, often occurs to females at the age of 13-19. Teenage pregnancy is one of the ongoing issues in our community today. Over the recent years, adolescent pregnancy rates have been increasing and begun to aggravate the media and public attention. The most efficient effect on teen pregnancy is health risk for both the baby and its mother.

Teenage pregnancy can cause a variety of physical and mental problems. Adolescent pregnancy can cause health risk for both the baby and mother. Premature and low birth weight are 2 of the possible risks a baby could get, while the mother is possible to have high blood pressure, anemia, and hypertension. Premature babies take place when the baby is born before completing a full-term pregnancy. Babies often suffer from health problems such as breathing problems, brain complications, blindness, or sudden infant death syndrome. According to the health line, the age of 20 and above is the best time to get pregnant because at that age, women are most fertile meaning the pregnancy risks are lowest compared to being pregnant between teenage years. Also, teenage mothers often rely on family support to help raise the baby. Some, however, give the baby up for adoption if they know they’re not capable of being a parent. Some choose to abort the baby, which can cause health risk and emotional distress to a mother.

Teenage pregnancy affects society in all ways. For instance, early pregnancy without family planning can cause poverty and poor education. Teens these days who become pregnant drop out right after giving birth, because no one is able to take care of their baby. Fulfilling academics is difficult to do as a teen mother, which leads to small economic opportunities. Most teen parents are most likely unemployed and could possibly lead to low birth-weight problems. Taking an average non-graduate job with its minimum wage will make it difficult for them to support their baby. Therefore, they’ll need government support such as food stamps or medicaid. Government hospitals cause a ton of money, especially for women who are giving birth. All these negative effects could also lead to depression. Not having the support system that a mother needs could lead them to suicide.

There are many ways that we could prevent teenage pregnancy. Know your child’s friends. That way, you’re familiar with who to go to when circumstances come down to your child being pregnant. Secondly, make rules when it comes to your child’s dating life. It’s inevitable for your child not to engage in any sexual intercourse while dating, so have a chat with them about how important wearing a condom is. Remind them that there will be consequences for their actions. Emphasize how important and fun life is when you’re young. Bringing a kid into the world will not only give you more responsibilities, but hold you back from the things you’ve been wanting to do in life, such as traveling. Lastly, remind your child that it is okay to come to you, as a parent, for any advice that includes sex. It’s no doubt that your child will be curious and will need advice, especially from the ones they trust.

Sexual intercouse is mainly around society today. Throughout the years, the amount of adolescent pregnancy increases and takes the attention of the community till today. It’s no doubt that early pregnancy became an issue in our community. Early pregnancy affects society in so many ways, from academics to emotional instability. It causes a variety of complications in a young person’s life. However, there are ways to prevent it. Communication is key. Set some rules and be open to the possibility of change.